

# Diamond Seed Sock



I used commercial sock yarn (Moda Vera Noir) to make this sock, but I think any yarn will be fine – just make sure to knit a swatch.

Knit a swatch using the diamond seed pattern (see below) and any needle size you prefer.

Diamond Seed (need a multiple of 8 stitches)

**Note:** This is for flat knitting!

**Row 1:** \*P1, K7, rep from \*

**Rows 2 and 8:** \*K1, P5, K1, P1, rep from \*

**Rows 3 and 7:** \*K2, P1, K3, P1, K1, rep from \*

**Rows 4 and 6:** \*P2, K1, P1, K1, P3, rep from \*

**Row 5:** \*K4, P1, K3, rep from \*

Calculate your gauge per inch. That is, how many stitches per inch (the socks I knitted had a gauge of 7 stitches/inch).

Measure the circumference of leg just above your ankle bone. To make my socks fit snugly (I hate saggy socks) I reduce this amount by half an inch to an inch (the amount depends on how stretchy I think the yarn is – for commercial sock yarn I would go the full inch).

To find how many stitches to cast on multiply your gauge by your leg circumference (after you've adjusted it). The Diamond Seed pattern requires a multiple of 8 so simply round to the

nearest multiple of 8. (I cast on 64 stitches for my sock).

## Cuff

Cast on the stitches. I like to use a long tail cast on.

Knit a two by two rib for 15 rounds (or for as long as you like)

## Leg

Diamond Seed in the Round

**Round 1:** \*P1, K7, rep from \*

**Rounds 2 and 8:** \*K1, P1, K5, P1, rep from \*

**Rounds 3 and 7:** \*K2, P1, K3, P1, K1, rep from \*

**Rounds 4 and 6:** \*K3, P1, K1, P1, K2, rep from \*

**Round 5:** \*K4, P1, K3, rep from \*

Knit 42 rounds (that is 6 of each round). Or as many as you like – just remember where you are up to in the pattern, so you can continue it on the top of the foot.

## Divide Heel

Put half of the stitches onto one needle.

I find the heel fits a bit better if I make the number of rows in the heel flap  $\frac{3}{4}$  of the stitches in the heel flap. For example, my heel flap consisted of 32 stitches, so I knitted  $\frac{3}{4} * 32 = 24$  rows.

I like to knit the heel flap using heel stitch.

**Row 1:** \*sl 1 purlwise wyib, k1, rep from \*

**Row 2:** sl 1 purlwise wyif, purl to the end.

## Turn Heel

**Row 1:** Knit half the stitches in the row, k2, sl 1 purlwise wyib, k1, pssso, k1, turn

**Row 2:** sl 1 purlwise wyif, p5, p2tog, p1, turn

**Row 3:** sl 1 purlwise wyib, knit across to 1 stitch before the gap, sl 1 purlwise wyib, k1, pssso, k1, turn

**Row 4:** sl 1 purlwise wyif, purl to 1 stitch before

gap, p2tog, p1 turn.

Repeat rows 3 and 4 until stitches have been worked into the centre (make sure that you end with row 4).

### Gusset

Knit halfway across the heel stitches.

Using another empty needle knit across the remaining heel stitches and pick up and knit the stitches along the edge of the heel flap (you will need to pick up half as many stitches as the number of rows of your heel flap – for example, if you heel flap has 24 rows then you will need to pick up 12 stitches). This is **Needle 1**.

Using another empty needle knit (in your diamond stitch pattern) the instep stitches. This is **Needle 2**.

Using a fourth needle pick up and knit the stitches along the other edge of the heel flap and then knit the first half of the heel stitches. This is **Needle 3**.

Your sock should now be a tube again.

It does, however, have too many stitches and we need to decrease back to the original number of cast on stitches.

**Round 1:** K to the last three stitches of Needle 1, k2tog, k1, use the diamond seed pattern to knit across the stitches on Needle 2, k1, ssk, k to the end of Needle 3.

**Round 2:** Knit on Needle 1, Diamond Seed on Needle 2, Knit on Needle 3.

Repeat Rounds 1 and 2 until you've decreased to the original number of stitches.

### Foot

Knit on Needle 1, Diamond Seed on Needle 2, Knit on Needle 3.

Continue the above until you're happy with the

length of the foot – I knitted 21 rounds. I like to try on the sock and stop knitting the foot when I reach the start of my toes.

### Toe

I like to use wedge toe shaping.

**Round 1:** K to last three stitches on Needle 1, k2tog, k1, on needle 2 k1, ssk, k to last three stitches, k2tog, k1, on needle 3, k1, ssk, knit to the end.

**Round 2:** Knit (don't use the diamond seed pattern on the toe).

Repeat rounds 1 and 2 until you have  $\frac{1}{4}$  of the original cast on stitches left. (I stopped when I reached 16 stitches).

Graft remaining stitches using Kitchener Stitch.

Weave in the ends.

Now you have to knit another one!

### Abbreviations

P	Purl
K	knit
sl	slip
wyib	with yarn in back
wyif	with yarn in front
pssso	pass slipped stitch over
k2tog	knit two together
p2tog	purl two together
ssk	slip, slip, knit

Diamond Seed Sock Pattern by Racquel Sanderson -January 2011